

Benefits of Playdough

Playdough creates many learning opportunities and has several benefits for children

Fine Motor skills

Moulding playdough is excellent for developing a child's fine motor skills.

Vocabulary

As children work on their creations, they form new ideas and concepts. They will learn new words such as roll, squeeze, etc. as well as words describing what they are making.

Creativity

When a child works with playdough, they have a blank canvas waiting to be moulded into something unique

Literacy and Numeracy

Following a basic recipe for playdough is a great opportunity to teach your child some maths by learning about measurement. They also learn about reading information for meaning, such as recipe instructions. Playdough is a quiet activity that requires a child to sit still for periods. This is great for lengthening a child's concentration span over time. Playdough can be perfect for calming down a child to some quiet time.

Science concepts

Through playdough, children get an introduction to science concepts such as materials and how they change. The texture of playdough can be changed by experimenting with varying the ingredients of adding water

Best Ever No-Cook Play Dough Recipe

You will need:

2 cups plain flour

2 tablespoons vegetable oil (baby oil and coconut oil work too)

1/2 cup salt

2 tablespoons cream of tartar

1 to 1.5 cups warm water (adding in increments)

gel food colouring (optional)

few drops glycerine (secret ingredient for shine)

