



TERMS OF USE



This resource is **copyright ©ELSA Support**

All free products on this site are subject to a **Creative Commons copyright licence**. You are free to copy, distribute, display, and perform the work under the following conditions:

Attribution: You must give the original author credit (**That is ©ELSA Support**)

Non-Commercial: You may **not** use this work for commercial purposes (**You cannot sell this work or use it for financial gain**)

No Derivative Works: You may **not** alter, transform, or build upon this work (**You must not change our work in anyway**)

**Thank you for abiding by
copyright law.**



www.elsa-support.co.uk

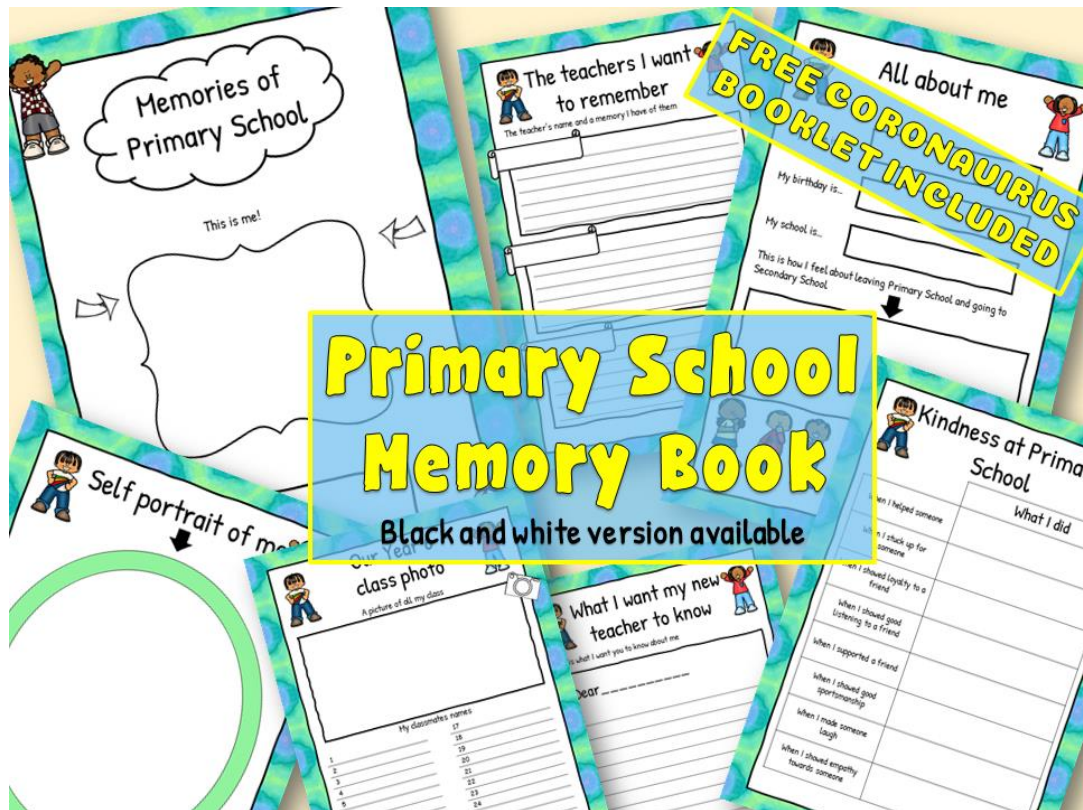




Other resources you will LOVE!



Please click the image to take you to this resource:



www.elsa-support.co.uk



WELLBEING SHIELD

Choose 5 characteristics or strengths that you have and write them here

--	--	--	--	--

Now decorate the shield to show those characteristics. These characteristics will defend your wellbeing. You can write your name or draw yourself in the star

AWESOME

SUPERB



WOW

AMAZING