

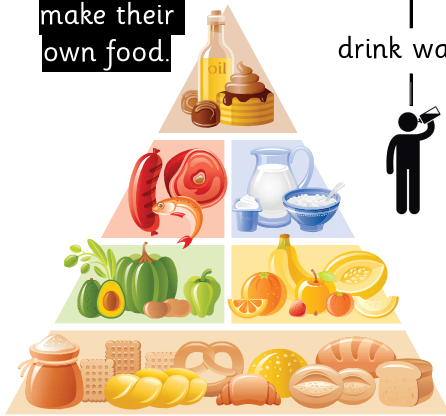


Science

Introduce Animals, including humans

Year ____
Term ____

Animals, including humans cannot make their own food.



water
vital for life
drink water



**vitamins
minerals
fibre**
keeps us healthy
fruit
vegetables



carbohydrates
gives us energy
cereals and
vegetables
sugar and fat

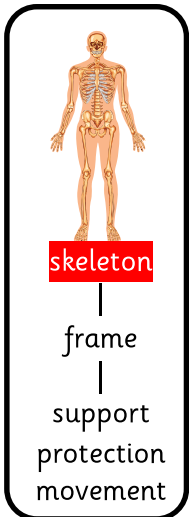


proteins
helps us to grow
meat and fish
eggs and dairy



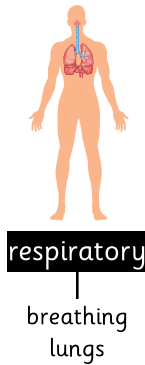
fats
energy
absorb
vitamins
helps nerves
and brain
small amounts

human bodies have **systems** to survive



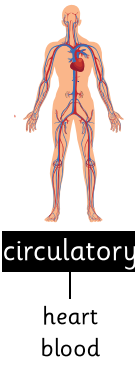
skeleton

frame
support
protection
movement



respiratory

breathing
lungs



circulatory

heart
blood



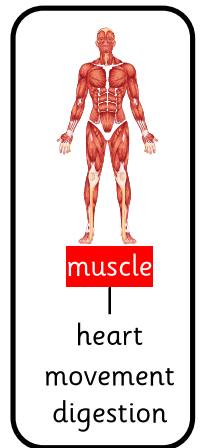
digestive

mouth
stomach
intestines
bowel



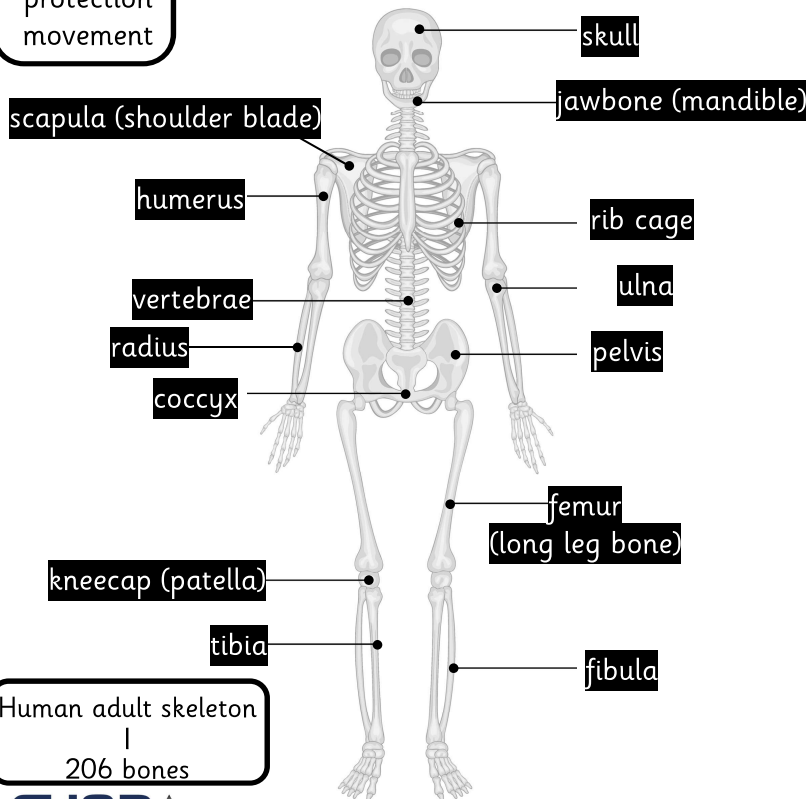
nervous

brain
spinal cord
nerves



muscle

heart
movement
digestion



Human adult skeleton
206 bones

